

The Macdonald-Headingley Recreation District (MHRD) is offering summer outdoor programs to reduce risk exposure during the pandemic. MHRD will follow all the protocols and recommendations established by the Province of Manitoba and Public Health to ensure a healthy and clean environment for participants and staff.

Screening for Covid-19 Symptoms

- Staff must use the self-screening tool before coming into work.
- Parents must provide a completed pre-screening health questionnaire for each child participating in the program upon arrival at the program site.
- Staff must stay home when ill and participants are not allowed entry if they are ill with Covid-19 symptoms.
- If a staff member or participant begins to show signs of Covid-19 while at the program, they will be removed from the area and sent home. Symptoms include:
 - Fever
 - Cough
 - Shortness of breath / difficulty breathing
 - Sore throat
 - Runny nose / nasal congestion
 - Feeling unwell / fatigued
 - Nausea / vomiting / diarrhea
 - Muscle aches
 - Headache

Drop-off and Pick-up

- Staff will greet 1 parent/guardian at a designated sign-in and sign-out station.
- Please maintain physical distancing measures (6ft/2m) when meeting others during drop off and pick up.

Physical Distancing

- Staff will teach participants simple, age-appropriate physical distancing strategies to children during programming.
- When commuting to and from communities for travelling programs, staff will wear masks in vehicles, if travelling together.

Cleaning and Sanitizing

- Sanitizing supplies will be available at all times
- Staff and participants will wash / sanitize hands after using the bathroom or blowing their nose.
- Staff will remind participants not to touch their faces while on site.
- Staff will be increasing the frequency of cleaning, with special attention to equipment and high-touch surfaces.

- Bathrooms will be wiped down after use (door handles, taps, sink, bathroom stall, toilet handle, and toilet seat)
- Equipment used during programming will be disinfected after the use of each participant.

What to Bring

- Clothing that is appropriate for all weather (we are outdoors rain or shine!)
- Water bottle
- Please come with sunscreen and bug spray already on; we will not have extra supplies on site and cannot apply the product to a child
- Please ensure your child uses the bathroom prior to attending the program to minimize the use of public indoor spaces

Please leave all additional toys and items at home. We are trying to minimize the number of items on site!

If you have any concerns or would like clarification, please contact us at info@mhrd.ca or 204-885-2444. Full information regarding summer programming will be posted on our website in the weeks to follow.